

SUSPENSION SETUP

FOXY CARBON R ENDURO

Fork: Fox 36 29 Float Performance GRIP, 160mm

Follow Fox 36 29 Float Performance GRIP recommended settings on the bottom right back side of the casting. Mondraker recommended Fox 36 29 Float Performance fork settings based on rider weight and Enduro application:

SAG		RECOMMENDED SETTING	
RIDER WEIGHT	AIR PRESSURE	CLICS OUT FROM FULLY CLOSED	
lbs / kg	psi	LSC	LSR
<121-128lbs / <55-58 kg	55	open	16
129,8-136,4lbs / 59-62 kg	59	open	15
138,6-145,2lbs / 63-66 kg	63	open	14
147,4-154lbs / 67-70 kg	67	open	13
156,2-162,8lbs / 71-74 kg	71	open	12
165-171,6lbs / 75-78 kg	75	open	11
173,8-180,4lbs / 79-82 kg	79	open	10
182,6-189,2lbs / 83-86 kg	83	open	9
191,4-198lbs / 87-90 kg	87	open	8
200,2-206,8lbs / 91-94 kg	91	open	7
209-215,6lbs / 95-98 kg	95	open	6
217,8-224,4lbs / 99-102 kg	99	mid	5
226,6-233,2lbs / 103-106 kg	103	mid	4
235,4-242lbs / 107-110 kg	107	mid	3
244,2-250,8lbs / 111-114 kg	111	mid	2
>253-319lbs / >115-145 kg	115	mid	1

*Suggested fork sag 20%

These values offer a general recommendation. Rebound and compression damping settings are a personal choice and should be fine-tuned depending on the riding style and terrain conditions.

Rear shock: Fox Float-X LV Performance

SAG		RECOMMENDED SETTING	
RIDER WEIGHT	AIR PRESURE	CLICS OUT FROM FULLY CLOSED	
lbs / kg	psi	LSC	LSR
<121-128lbs / <55-58 kg	115	open	12
129,8-136,4lbs / 59-62 kg	121	open	12
138,6-145,2lbs / 63-66 kg	127	open	12
147,4-154lbs / 67-70 kg	133	open	11
156,2-162,8lbs / 71-74 kg	139	open	11
165-171,6lbs / 75-78 kg	145	open	10
173,8-180,4lbs / 79-82 kg	151	open	9
182,6-189,2lbs / 83-86 kg	157	open	8
191,4-198lbs / 87-90 kg	163	open	7
200,2-206,8lbs / 91-94 kg	169	open	6
209-215,6lbs / 95-98 kg	175	open	5
217,8-224,4lbs / 99-102 kg	181	open	4
226,6-233,2lbs / 103-106 kg	187	open	3
235,4-242lbs / 107-110 kg	193	open	2
244,2-250,8lbs / 111-114 kg	199	open	1
>253-319lbs / >115-145 kg	205	open	1

*Settings based on Enduro application and 30-35% recommended sag